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NEWS FLASH

GOODLIFE DEAL FOR 2016

Dear members,

**** Apparently, when the GoodLife bulletin issued yesterday was viewed on Apple phones or tablets the date was not visible, so we are reissuing the bulletin. The deadline for the applications is Monday, November 30, 2015. Also, some people were not able to open the forms that are linked throughout the bulletin, so we have linked them all at the bottom of this bulletin. ****

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It is once again time to sign up for GoodLife memberships for January to December 2016. Members who would like to participate must send in their payment (**money order or bank draft ONLY**), by **Monday, November 30, 2015**.

This deal provides a discount, from the regular membership fee, to CUPE Flight Attendants and gives you access to GoodLife's entire network of Canadian health facilities (including Énergie Cardio in Quebec). This promotion also includes towel service (except for Energie Cardio facilities, see below), and carries no registration fee.

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non-refundable 12 month membership fee must be paid in full by each member directly to the Air Canada Component of CUPE by **Monday, November 30, 2015** (except for Quebec residents who will primarily be using Énergie Cardio facilities – see below for more information). Payments must be issued as **money orders or bank drafts ONLY**. Please follow the procedures outlined below if you are interested in participating in this plan:

- If you are **NOT** currently a member of GoodLife Fitness, please fill in the attached [Corporate Wellness Application Form](#), include your payment (Money orders or bank drafts only, made payable to Air Canada Component of CUPE, see payment chart below for amounts), and send us your form and payment **no later than Monday, November 30, 2015**.

- If you currently **ARE** a member of GoodLife Fitness (or Énergie Cardio in Québec) and would like to cancel your current membership to transfer over to the corporate plan, please fill out the attached [Personal Membership Cancellation Form for Transfer to Corporate Membership Program](#), along with the [Corporate Wellness Application Form](#) and send them to us **no later than Monday, November 30, 2015**. GoodLife Fitness or Énergie Cardio will cancel your existing membership and payment plan and include you as a new member of the Corporate Membership Plan. Please be advised that once your transfer has been processed, when you first use a GoodLife / Énergie Cardio Facility, your old membership keycard will no longer work. You will be given a new keycard upon your first visit to a GoodLife / Énergie Cardio facility.

PLEASE NOTE: The above does not apply if you are already a member in the Corporate plan.

- If you currently **ARE** a member of GoodLife Fitness (or Énergie Cardio in Québec) through the Corporate Plan and would like to **renew your membership**, please fill out the attached [Corporate Wellness Application Form](#), and **be sure to check off the box that says RENEWAL**. This form, along with your payment, must be received **no later than**

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- If you are a resident of Québec and will primarily be using Énergie Cardio facilities, the procedures are somewhat different. We ask that you send us the attached [Corporate Wellness Application Form](#) **no later than Monday, November 30, 2015**, but **do not** send us any payment at this time. Once GoodLife has processed your application, you will be sent an Énergie Cardio Membership Form (also valid for existing members of Énergie Cardio who wish to transfer to the corporate plan). Upon your first visit to an Énergie Cardio facility, you will need to present this form, and will be given the option to pay for your membership in bi-weekly, monthly, or annual payments. Please note that for Énergie Cardio facilities, towel service is **not** included, and all members **MUST** have a towel with them at all times when using the facilities; you can either bring your own towel or purchase one on site. As per the GoodLife corporate deal, there will be no registration fee upon activation of your membership.

- Eligible family members can also take advantage of this corporate membership, but only if you (the employee) are an existing or new member of the GoodLife Corporate Wellness plan. Eligible family members must live at the same household address as the employee. If your eligible family members also want to join this plan, please follow the above instructions and send us their [Corporate Wellness Application Form](#) and payment (Énergie Cardio members should only send the form not the payment) along with your own. Please note that applicants younger than 17 have special provisions – please consult the attached document [GL Minimum Age Policy](#).

- Your corporate membership application information will be entered in the GoodLife member database. Please take a moment to review the [Welcome Letter](#) and what to bring with you on your first visit. On January 1, 2016 (or later), please visit the GoodLife club of your choice to receive your key tag/membership card once you have submitted a completed Registration Form (available at the club).

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- If you would like a receipt of your payment from GoodLife Fitness, please use the following link:
<https://www.GoodLifefitness.com/contact/receiptrequest.aspx>.

CORPORATE WELLNESS PLAN – PRICE CHART PER PROVINCE

- Ontario, New Brunswick, Newfoundland and Labrador: \$428.27 (tax included)
- Nova Scotia: \$435.85 (tax included)
- Saskatchewan, Manitoba, British Columbia, Alberta: \$397.95 (tax included)
- Québec: \$435.76 (tax included) (Payment to be made at the Énergie Cardio facilities)

FULL PAYMENT, IN THE FORM OF A MONEY ORDER OR BANK DRAFT MADE PAYABLE TO: AIR CANADA COMPONENT OF CUPE, MUST BE RECEIVED BY MONDAY, NOVEMBER 30, 2015.

PLEASE MAIL YOUR APPLICATION FORM AND PAYMENT TO THE FOLLOWING ADDRESS:

**Air Canada Component of CUPE
25 Belfield Road
Etobicoke, ON
M9W 1E8
ATT: GoodLife Membership**

PLEASE NOTE: We will **NOT** be sending out a confirmation when your application is received. If you wish to confirm receipt of your application, please email contact@accomponent.ca.

Forms:

- Click [HERE](#) to access the Corporate Wellness Application Form
- Click [HERE](#) to access the Personal Membership Cancellation Form for Transfer to Corporate Membership

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- Click [HERE](#) to access the GL Minimum Age Policy
 - Click [HERE](#) to access the Welcome Letter

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