

Long Range Flying: Duty Day Limits and Crew Rest

Note: When a pairing is built according to a specific LOU or article, it may not be subsequently changed for any reason to the “next” level. For example: a duty day originally scheduled at 17h00 (LOU 22A) cannot be changed to LOU22B by adding one (1) crew member and extending the onboard crew rest period. It remains a LOU22A duty day and all conditions of LOU22A continue to apply.

Article or LOU	B14	LOU 18	LOU 22 “A”	LOU 22 “B”
Flight legs (if applicable)	11h30 or greater flight time			
Scheduled Duty Day	Up to 15h00	Up to 16h15	16h16 to 18h00	18h01 to 19h30
Duty Day Limitation	15h00	16h15	18h00	19h30
Layover	Minimum – 12h00	Scheduled – 24h00 Minimum – 18h00		
Crew Rest on Return at Home Base	24h00	Blockholder – 36h00 Reserve – 72h00		
Onboard Crew Rest	02h00 rest	Up to 14h59 duty day: min 02h30 rest 15h00 to 16h15 duty day: 04h00 rest	16h16 to 17h10 duty day: 04h00 rest 17h11 to 18h00 duty day: 04h30 rest	18h01 to 18h45 duty day: 05h00 rest 18h46 to 19h30 duty day: 05h30 rest
NOTES	<p>Meals Meal breaks are to be taken separately.</p>	<p>Meals Meal breaks are to be taken separately.</p> <p>In Flight Crew Rest Unit Failure (L18.05 & L22.11): Operating cabin crew members shall be entitled to rest in accordance with L18.03.02 & L22.05/L22.09 in their regular crew rest seats or in the “last sold seats”, if available. They will be entitled to sleep in these seats.</p> <p>In the event the situation in L18.05 & L22.11.01 occurs, each cabin crew member shall be credited with a premium equal to fifty percent (50%) of the greater of the scheduled or actual block-to-block time and each operating cabin crew member shall be given three (3) days of additional vacation to be taken in the following vacation year in conjunction with regular vacation; Report must be sign-off by the In-Charge and Captain.</p>		