

Crew Rest Guide - October 2017

October 12, 2017 at 4:56 AM

From Air Canada Component of CUPE

To michelle.duhaney@me.com

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Crew Rest Guide - October 2017
October 12, 2017



AIR CANADA COMPONENT

A MESSAGE FROM
YOUR COMPONENT
CREW REST COMMITTEE

CREW REST GUIDE - OCTOBER 2017

Here is a quick crew rest guide that tells you the flight category, maximum duty period, onboard rest times, minimum scheduled layover rest times, and minimum scheduled rest times at home base. Please note your onboard rest times are based on day of flight duty period.

Category B5 – Maximum Duty Period - 14 hours				
Regular routes: YVR-ICN-YVR YVR-PEK-YVR YVR-NRT-YVR YYC-TLV-YUL	Duty period under 11h29 hours	Up to one hour onboard crew rest	Minimum scheduled rest L/O 12 hours	Minimum scheduled rest home base 24 hours blockholder 24 hours reserve
Category B14 – Maximum Duty Period – 15 hours				
Regular routes: YVR-PVG-YVR YVR-TPE-YVR YYZ-TLV-YYZ	Duty period over 11h30 hours	Two hours onboard crew rest	Minimum scheduled rest L/O 12 hours	Minimum scheduled rest home base 24 hours blockholder 24 hours reserve
Category LOU 18 – Maximum Duty Period - 16h15				
Regular routes: YVR-HKG-YVR YYZ-PEK-YYZ YYZ-ICN-YYZ YYZ-HND/NRT-YYZ YYZ-DXB-YYZ	*Duty period under 15 hours **Duty period over 15 hours	*Minimum of 2.5 hours on board crew rest **4 hours on board crew rest	Minimum scheduled rest L/O 24 hours	Minimum scheduled rest home base 36 hours blockholder 72 hours reserve
Category LOU 22A – Duty Scheduled Period 16h16 to 16 hours				
Regular routes: YVR-SYD-YVR YVR-BNE-YVR YVR-DEL-YVR YUL-PVG-YUL YYZ-PVG-YYZ YYZ-HKG-YYZ YYZ-DEL-YYZ YYZ-BOM-YYZ	*Duty period 16h16 to 17h10 **Duty period 17h11 to 1800 hours	*4 hours onboard crew rest **4.5 hours on board crew rest	Minimum scheduled rest L/O 24 hours	Minimum scheduled rest home base 36 hours blockholder 72 hours reserve

[CLICK HERE](#) for a PDF version of this chart.

Crew members are entitled to take their full contractual crew rest as per the Collective Agreement. If the service is to be modified for crew rest purposes, the operating SD(s) must do the following:

- * Write to the company and report it to your local
- * If there is an OBSM onboard, report this service modification to them.
- * If you are told anything different with respect to contractual crew rest by an Air Canada manager, please share this information with your local.

Below are the local email addresses:

YYZ - office@local4092.ca

YUL - info@local4091.ca

YYC - office@local4095.ca

YVR - officers@local4094.ca

In Solidarity,

Component Crew Rest Committee

Crew Rest Committee - Sleepwear On Long Range Flights

September 27, 2017 at 7:05 AM

From Air Canada Component of CUPE

To michelle.duhaney@me.com

Reply-To Air Canada Component of CUPE

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Crew Rest Committee
Sleepwear On Long Range Flights
September 27, 2017



AIR CANADA COMPONENT

A MESSAGE FROM
YOUR COMPONENT
CREW REST COMMITTEE

Sleepwear On Long Range Flights

Sleepwear

The Company provides sleepwear for crew rest purposes to cabin crew members (reserve or block holders) who operate overseas flights that contractually require the use of a crew rest module. The item is fully paid by the Company. Sleepwear sizes range from XS to XXXL. The sleepwear components are a long sleeved top and elastic waist pants made from 100 percent cotton. Crew members are entitled to order 1 set of sleepwear per calendar year as long as they operate any B14, LOU 18, and 22 flights.

Toronto

Cabin crew must complete the Sleepwear Requisition Form which can be obtained at the Crew Centre. They must attach a copy of their duty plan that clearly indicates they are scheduled to operate a long range overseas flight. An IFS Manager will sign the form, process it, and provide a copy to the employee for their records. Then the sleepwear is delivered to the employee's home address. The delivery usually takes approximately 48 hours. However, it may take longer depending if Unisync has sleepwear in stock at that time.

Vancouver

size is not available, the base will place an order for replenishment. Sleepwear is then delivered to the Crew Centre for the employee to pick up.

Montreal

Please see the Crew Centre coordinator for more details.

Calgary

Currently, no B14, LOU18, LOU22 flights depart from this base.

Sleepwear Policy

The pre-set onboard crew rest times include time required to prepare for rest such as changing into sleepwear. When possible, sleepwear should be donned in the lavatories and the uniform hung in a closet. For safety reasons, nothing is to be hung from the emergency egress handle in the crew rest module. Sleepwear is provided to cabin crew for use in closed facilities only. Cabin crew are not permitted to walk in the cabin while in sleepwear.

We encourage you to keep this bulletin as a reference about crew rest sleepwear. Please feel free to contact your crew rest committee with any queries.

In Solidarity,

Component Crew Rest Committee

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