

This chart outlines how much crew rest you are entitled to receive after operating many of the Southern destinations which depart from Toronto.

<u>Domestic</u>		<u>Overseas</u>	
Regular Blockholders: 10 hours crew rest		Everyone: 24 hours crew rest	
Reserve Blockholders: 12 hours crew rest			
City Code	City Name	City Code	City Name
BDA	Bermuda	BGI	Barbados
KIN	Kingston, Jamaica	SJU	San Juan, Puerto Rico
MBJ	Montego Bay, Jamaica	PLS	Turks and Caicos
NAS	Nassau, Bahamas	POS	Port of Spain, Trinidad
HAV	Havana, Cuba	ANU	Antigua
SJO	San Jose, Costa Rica	SDQ	Santo Domingo, Dominican Rep.
CCC	Cayo Coco, Cuba	POP	Puerto Plata, Dominican Rep.
SJD	San Jose del Cabo, Mexico	AUA	Aruba
CYO	Cayo Largo, Cuba	GND	Grenada
HOG	Holguin, Cuba	SXM	St. Maarten
CUN	Cancun, Mexico	LIM	Lima, Peru
VRA	Varadero, Cuba	UVF	St. Lucia
MEX	Mexico City, Mexico	PUJ	Punta Cana, Dominican Rep.
LIR	Liberia, Costa Rica	GCM	Grand Cayman
MCO	Orlando, FL	BOG	Bogota, Columbia
PBI	West Palm Beach, FL		
RSW	Fort Meyers, FL		
ZIH	Ixtapa, Mexico		
SJD	Los Cabos, Mexico		
PVR	Puerto Vallarta, Mexico		

\*\* please note: for further details, please refer to the Collective Agreement or contact the local office, 905-676-4293, office@local4092.ca